



Islamiah Womens Arts & Science College

Recognized by UGC section 2(f) and 12(b) of the UGC Act 1956

Permanently Affiliated with Thiruvalluvar University &
approved by the Govt of Tamilnadu

Accredited by NAAC with B Grade

1.3.2 Average percentage of courses that include experiential through project work/field work/ internship during the year

1.3.3 Percentage of students undertaking project work/field work/internship –

DEPARTMENT: M.Sc FOODS AND NUTRITION

PURPOSE: INTERNSHIP

NAME OF THE COMPANY VISITED: THE ELITE DIET STUDIO, CHENNAI


Principal

Islamiah Women's Arts and Science College
Vaniyambadi - 635 752.



From

Dr. M. Eswari

Assistant professor and Head

Dept. of foods and Nutrition

Islamiah Women's Arts and Science college,
Vaniyambadi

To

The Secretary and Correspondent

Islamiah Women's Arts and Science college
Vaniyambadi

Through

The Principal

Islamiah Women's Arts and Science college
Vaniyambadi

Handwritten signature and date: 10/7/20

Respected Sir,

I wish to bring to your kind notice that
our III year Nutrition students (2019 - 2022) ^[2019 - 2022] ~~(2021 - 2022)~~ have
Internship training for one month duration as per
Syllabus so we planned to send our students
to Internship through Online at Diet Elite studio
Chennai, under the guidance of Ms. Shanthi
Cauvery, Chief Dietician, Founder and Managing
Director of Diet Elite studio. Hence I kindly
request you sir to grant us permission for the same

Date: 10.07.2021. Mode of Training: Online.

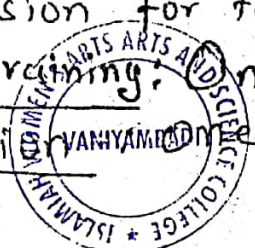
Institute: Diet Elite studio Duration: one month.

Fees: Rs. 1300/student

Thanking you
Principal

Yours sincerely,
M. Sreejith

Islamiah Women's Arts and Science College
Vaniyambadi - 635 752.



SKILL BASED SUBJECT

PAPER - 3

INTERNSHIP

OBJECTIVES

To enable the students to:

- Identify the nutrition related problems
- Understand the principles of menu planning
- Skills to Calculate nutritive value for planned diet
- Understand role of dietitian in planning, preparing and distribution of therapeutic diet.

Internship:

A phase of training where in a graduate is expected to conduct actual practice in a hospital industry for a period of 30 Days so as to acquire job oriented skills

Assessment:

Interns shall maintain a record book which shall be verified and certified by the training authority under whom he or she works during his/her internship period.

An objective evaluation of his/her knowledge, skills and attitude during training will be recorded by the center in-charge and monitored by faculty in-charge and marks shall be allotted accordingly.

Hospital authority	-	75
Internal Assessment & Viva Voce	-	25



PAPER - 3
INTERNSHIP

Internship:

A phase of training where in a graduate is expected to conduct actual practice in a hospital industry/food industry according to his or her choice for a period of 30 Days so as to acquire job oriented skills

Assessment:

Interns shall maintain a record book which shall be verified and certified by the training authority under whom he or she works during his/her internship period.

An objective evaluation of his/her knowledge, skills and attitude during training will be recorded by the center in-charge and monitored by faculty in-charge and marks shall be allotted accordingly.

Hospital authority	-	75
Internal Assessment & Viva Voce	-	25





Islamiah Women's Arts and Science College

Accredited by NAAC with 'B' Grade

(Recognized by UGC under Section 2(f) & 12(C) of the UGC Act 1956 & Permanent affiliation with Tamil University)

Maintained & Managed by The Vaniyampadi Muslim Educational Society

10, Bye-Past Road, New Town, Vaniyampadi - 635 752, Tirupattur District, Tamilnadu.

Telephone : +91 4174 - 235 266 e-mail : principal@iwo@gmail.com

Dr. M. RENU,

M.B.A., (FN), M.B.A. (FPM), M.Com., M.Phil., PGDCA, SET, Ph.D

Principal

Date: 16/07/2021

To,

MS. Shanthi Cauvery, M.Sc., M.Phil., (Ph.D)

Consultant Dietitian

Founder and Managing Director

Elite Diet Studio

Chennai.

Respected Madam/Sir,

Sub: Internship for III year B.sc Nutrition Food Service Management and Dietetics

Students for 30 days reg.

A batch of 49 students from III year B.sc (NFSM&D) and II year M.Sc (Foods and Nutrition) Islamiah women's arts and Science College has intend to do Internship Training in your Elite Diet Studio as a part of their curriculum for 30 days. So I request you to grant us permission for the same

Thanking you,

With warm regards,

(Dr. M. RENU)



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Elite Diet Studio



T. SHANTHI KAAVERY M.Sc., M.Phil., (Ph.D)
Consulting Dietician

DATE: 15.07.2021

To,

Dr. M. Renu,
The principal,
Islamiah Women's Arts and Science College,
Vaniyambadi,
Tirurattur district, Tamilnadu.

Respected Madam,

Sub: Internship for III-year B.sc Nutrition Food Service Management and Dietetics
Students for 30 days - reg.

A batch of 49 students from III-year B.sc (NFSM&D) and II-year M.sc (Food and
Nutrition) Islamiah women's arts and science college has intend to do internship training in
our Elite Diet Studio as a part of their curriculum for 30 days. So I am accepting and granting
permission for the same.

Thanking you,

With warm regards,

A.T. SHANTHI CAUVERY
CONSULTANT DIETITIAN
FOUNDER & MANAGING DIRECTOR
ELITE DIET STUDIO, CHENNAI.



1/134, B4, 2nd Floor, 6th Cross Street, 2nd Avenue
Kuthubi Complex, Vettuvankanni, ECR, Chennai-600115, Near Madurai Appu Restaurant



ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE								
ONLINE DIETETIC INTERNSHIP MARKS - 2021 -2022								
III B.Sc Nutrition Food Service Management & Dietetics								
S.NO	REGISTER NUMBER	NAME OF THE STUDENT	ATTENDANCE (10)	PERFORMANCE (10)	ASSIGNMENT (15)	CASE STUDY (20)	REPORT (20)	TOTAL MARKS (75)
1	3129U27001	AAFIYA MEHER. D	10	10	15	20	20	75
2	3129U27002	AAFREEN ANJUM. H	9	10	15	20	20	74
3	3129U27003	AAFRIN BANU. F	10	9	15	19	20	73
4	3129U27004	AFREEN BANU. A	10	9	15	20	20	74
5	3129U27005	AMEENA SAMREEN. K. P	10	9	15	20	19	73
6	3129U27006	AMFERA FIRDAUS. S	10	9	15	20	20	74
7	3129U27007	ASFA SINEEN. K	10	9	15	20	20	74
8	3129U27008	ASFIYA MAHEEN. V. A	9	10	14	20	20	73
9	3129U27009	ASHA ZAINAB HARMAIN	9	10	15	19	20	73
10	3129U27010	ASHIYA FARHEEN. K	10	9	15	20	20	74
11	3129U27011	ASMA	9	10	14	20	20	73
12	3129U27012	AWEENA SIDDIQ MEERALAPPEE	9	10	14	20	20	73
13	3129U27013	AYESHA NIMRA. M	9	9	15	20	19	73
14	3129U27014	AYISHA IKRAMULLAH	10	10	15	20	20	75
15	3129U27015	BAGYA DARSHINI. S	10	10	14	20	20	74
16	3129U27016	BAGYA DARSHINI. S	10	10	14	20	20	73
17	3129U27017	FAREHA AHILAM .M	9	10	14	20	20	74
18	3129U27018	FARHEEN BEGUM. F	10	9	15	20	20	74
19	3129U27019	GHAZIYA ZARMEEN	10	9	15	20	19	73
20	3129U27020	HAFSA AYMAN. K	10	10	15	20	19	74
21	3129U27021	HAFEESA SAYEED. S	10	10	14	20	20	74
22	3129U27022	HAJIRA PARVEEN. K. R	10	10	14	20	19	73
23	3129U27023	HANIYA FATHLEEN. P	10	9	15	20	20	75
24	3129U27024	HUMERA. C	10	10	15	20	20	75
25	3129U27025	JANNATH NISHA . M	10	9	15	20	20	74
26	3129U27026	KASHIFA. M. S	10	9	15	20	20	74

26	3129U27027	KHADIJA FATHIMA. J	10	9	15	20	20	74
27	3129U27028	KHANITHA MARIYAM. N	9	9	14	20	20	72
28	3129U27029	KHANSA FATHIMA. V	10	10	14	20	20	74
29	3129U27032	MANIMOZHI. M	10	9	15	20	20	74
30	3129U27033	MIFRA TASKEEN. N	10	9	15	19	20	73
31	3129U27034	NAIMA AFFRA. M	10	10	15	20	20	75
32	3129U27036	NEELOFAR SAQULLAIN. M	10	9	15	19	20	73
33	3129U27037	NISHA. P	10	9	15	20	20	74
34	3129U27038	RAZIYA SULTHANA. S	10	9	15	19	20	73
35	3129U27039	RIZWANA ROUSHIN	10	9	15	19	20	73
36	3129U27041	SHAMSIYA TABASSUM. S	9	10	14	20	19	73
37	3129U27042	SHAZIA BANU. A	10	10	14	20	19	73
38	3129U27043	SUBIYA TASKEEN. A	10	10	15	20	19	74
39	3129U27044	SUJATHA. K	10	9	15	19	20	73
40	3129U27046	TABASSIYA B	10	9	15	20	19	73
41	3129U27047	TABASSUM. S	10	9	15	20	19	73
42	3129U27048	TAQIYA AIMEN. P. M	10	9	15	20	19	72
43	3129U27049	TARAIYA FATIMA. S	9	10	15	19	19	73
44	3129U27050	UMME AYMAN. A. F	10	9	15	20	20	73
45	3129U27051	UMME AYMEN. T	9	9	15	20	20	74
46	3129U27052	UMMETAHREEM. S	10	9	15	20	19	73
47	3129U27053	UZAIFA ZAMAN. S	10	9	15	20	19	73
48	3129U27054	UZMA FARSHREEN. K	9	10	15	20	20	73
49	3129U27055	ZOYA KONAIN. N	9	9	15	20	20	73



A.T.SHANTHI CAUVERY
CONSULTANT DIETITIAN
FOUNDER & MANAGING DIRECTOR
ELITE DIET STUDIO
ECR
CHENNAI - 115

**ISLAMIAH WOMEN'S ARTS AND SCIENCE COLLEGE,
VANIYAMBADI**

**DEPARTMENT OF NUTRITION FOOD SERVICE MANAGEMENT AND
DIETETICS**

DATE : 10.07.2021 To 10.08.2021
TIME : 03.00 Pm To 04.00 Pm
VENNUE : Online Mode via Google Meet
CONVENER : Dr.M.Eswari, M.Sc., M.Phil., B.Ed., Ph.D HOD of Nutrition
Food Service Management and Dietetics

MEMBERS PRESENT: 04

AGENDA:

To discuss the following information with regard to the One Month Online Internship Program to be organized.

1. Date & Time of the Program
2. Internship Training
3. Number of days to be conducted (30 days)
4. Internship Trainer

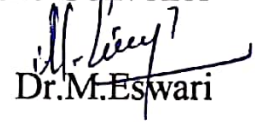


MINUTES OF THE MEETING

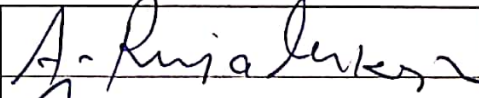

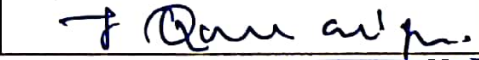
During the Course of meeting, it was unanimously resolved to organize a One Month Online Internship Program.

5. Conduct the One Month Online Internship Program On 10.07.2021 To 10.08.2021 at 03.00 Pm To 04.00 Pm.
6. Title of the Internship Training Program.
7. Internship Trainer Ms A.T. Shanthi Cauvery, M.Sc., M.Phil., (Ph.D). Consultant Dietitian, Founder and Managing director, Diet Elite Studio, Chennai.
8. Creating a What's App Group to Send information with regard to the Program.

Signature of the Convener


Dr.M.Eswari

Signature of the Members Present:

Ms. A. Rajalakshmi	
Ms. G. Suganeshwari	
Ms. J Qurat ul aein	



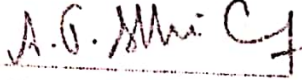

Principal
Islamiah Women's Arts and Science College
Vaniyambadi - 635 752.



Online Dietetic Internship Program Certificate

This is to certify that Ms. RIZWANA ROUSHIN
Student of (III) Year B.Sc NUTRITION FOOD SERVICE MANAGEMENT AND DIETETICS of
ISLAMIAH WOMEN'S ARTS AND SCIENCE COLLEGE, VANIAMBADI. has undergone
online dietetic internship program conducted by Elite Diet Studio, Chennai.
for a period of one month from 12.07.2021 to 12.08.2021




A.T. Shanthi Cauvery
Consultant Dietitian
Founder & Managing Director
Elite Diet Studio
Chennai.



Online Dietetic Internship Program Certificate

This is to certify that Ms. ZOYA KANBIN:N

Student of [III] Year B.Sc NUTRITION FOOD SERVICE MANAGEMENT AND DIETETICS of
ISLAMIAH WOMEN'S ARTS AND SCIENCE COLLEGE, VANİYAMBADI. has undergone
online dietetic internship program conducted by Elite Diet Studio, Chennai.

for a period of one month from 12-07-2021 to 12-08-2021



A.T. Shanthi Cauvery

A.T. Shanthi Cauvery
Consultant Dietitian
Founder & Managing Director
Elite Diet Studio
Chennai.

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NUTRITION INTERNSHIP STUDENT NAME LIST 2021-2022

S. No	Reg. No	Name
1	31219U27001	AAFIYA MEHER. D
2	31219U27002	AAFREEN ANJUM. H
3	31219U27003	AAFRIN BANU. F
4	31219U27004	AFREEN BANU. A
5	31219U27005	AMEENA SAMREEN. K. P
6	31219U27006	AMEERA FIRDAUS. S
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8	31219U27008	ASFIYA MAHEEN. V. A
9	31219U27009	ASHA ZAINAB HARMAIN
10	31219U27010	ASHIYA FARHEEN. K
11	31219U27011	ASMA
12	31219U27012	AWEENA SIDDIQ MEERALAPPEE
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15	31219U27015	BAGYA DARSHINI. S
16	31219U27016	FAREEHA AHLAM .M
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18	31219U27018	GHAZIYA ZARMEEN
19	31219U27019	HAUSA AYMAN. K
20	31219U27020	HAJEERA SAYEED. S
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38	31219U27043	SUBIYA TASKEEN. A
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45	31219U27051	UMME AYMEN. T
46	31219U27052	UMMETAHREEM. S
47	31219U27053	UZAIFA ZAMAN. S
48	31219U27054	UZMA FARSHEEN. K
49	31219U27055	ZOYA KONAIN. N

INTERNSHIP NAME LIST PG(2021-2022)

S.NO	REG NO	NAME
1	31220P18001	WAJIHA TARANNUM R.M



Principal
Islamiah Women's Arts and Science College
Vaniyambadi - 635 752.